



613 Gilmer Street • Sulphur Springs, TX 75482 • Phone: (903) 885-9797 • Fax: (903) 439-2270 • info@canhelponline.org

Community Social Services

CANHELP

1st Saturday – ½ off everything in
CANHelp Thrift Store
Ph: 903-885-9797 Ext 3
613 Gilmer ST
Sulphur Springs, TX 75482

July – Back to School Supplies Registration
October through January - Winter Coats
November – Blue Santa Christmas Registrations

Financial, Diapers, Emergency Food,
Clothing, Job Search Assistance, Education
Counseling

Community Chest

211 Linda ST Sulphur Springs, TX 75482

Phone: (903) 885-3452
Region Food Pantry, Financial

HHS Services

1400 College St Suite 111
Sulphur Springs, TX 75482

- SNAP food benefits
- Medicaid
- Children's Health Insurance Program (CHIP)

www.yourtexasbenefits.com

Phone: (903) 885-9561
FAX: (903) 439-9216

- Medicare Savings Programs
- TANF cash help for families

Community Partners

North Texas Food Bank – Mannie
SS office @ CANHelp on 2nd & 4th Tuesdays 10AM – 2PM

Phone: (214) 422-8530
SNAP, Medicaid, TANF Applications

Community Services of NETX - Linden

CEAP – Electric & Gas Assistance
The Roc #208 – Putman ST & Gilmer
903-919-5056 Dora Wright

Ark-Tex Council of Governments – CANHelp office on Thursdays

Section 8 Housing - 1-903-832-8636 / 1-800-988-3331 (Appointment only)
Area Agency on Aging 1-800-372-4464 (Appointment only)

Start checking website: www.atcog.org
Section 8 wait list for registration open date
Check at least 2 times a month, so you will not miss the registration date.
Be sure to keep confirmation after registering as proof.

TRAX Transportation

Delta, Hopkins, Lamar & Red River (866) 575-9014
(903) 739-2444 or (903) 739-2445

Medical Resources

Community Clinic, Sulphur Springs, TX (ages 8 & Up) 903-439-4700
100 Medical Circle 903-439-2273

No Insurance, Indigent

Hopkins County Indigent Care – Christus Mother Frances Hospital Health Care Program

115 Airport Rd Sulphur Springs, TX 75482 PH: 903-439-4069



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Meal Resources

The Dinner Bell – 310 Church ST, 1st United Methodist Church
Wednesdays 11:30 AM – 1PM, Hot Meal

Wesley United Methodist Church – 614 Texas ST
M & F, 11:30 AM – 12:30PM, Hot Meal

The Roc – 115 Putman ST, Corner of Gilmer and Putman, Sulphur Springs, TX
M, T, TH, F - 10:30 AM till out, Sack Lunch

SS Senior Center – Meal A Day 150 Martin Luther King JR DR Sulphur Springs, TX
M-F, 10:00 AM - 11:30AM \$2.00 per meal

Meals on Wheels 1273 19th ST NW Paris, TX 75460
903-737-0133

Shelters

New Hope Shelter – 450 4th St SW, Paris TX 75460
Ph: 903-783-0353

Family Resources

Texas Pregnancy Care Network

Hotline: 1-888-543-3243

WIC

Sulphur Springs Clinic
421 E Industrial Dr. Ste. 209

Phone: 903-885-2813
Nutrition classes, Formula
Breast feeding support

Counseling & Parenting Classes

Starry Counseling- Robin White
The Roc RM 250 -115 Putman
Sulphur Springs, TX 75482

Phone: 903-919-5087 Crisis 844-226-1789
Free Children counseling up to 17 yrs
Family counseling

NETX Heart of Hope

407 S Davis ST.
Sulphur Springs, TX 75482

Phone: (903) 440-1665
Parenting Classes, Car Seat Vouchers
Baby Closet

Car Seats and Car safety check

Safe Riders Traffic Safety Program
Website: www.dshs.state.tx.us/saferiders

Phone: 800-252-8255



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Supportive Services

Caregiver Support

Rock Creek Health & Rehab - Alzheimer's Association

1414 College ST Sulphur Springs, TX 75482

4th Thursday of the month at 2:30 PM

Ph: 903-932-5823

Terrific Tuesday Respite Care

1st United Methodist Church, 301 Church ST, Sulphur Springs, TX

PH: 903-885-2185

Abuse

Domestic Violence Hotline

1-800-799-7233

1-800-787-3224 TTY

SAFE- T Emergency Shelter for Victims of Abuse

613 Gilmer, Sulphur Springs, TX 75482

Main Ph: 903-439-0385 **Emergency (24/7) 903-575-9999**

Re-Entry

Hope & Restoration Ministries

Vince Palumbo, PO Box 367, Como, TX 75431

PH: 903-440-2733 Website: hnministries@gmail.com

Alcohol, Drug, Mental Health

Al-Alon - Tuesdays, 7PM

First Presbyterian Church 129 College ST, Sulphur Springs, TX

Lakes Regional Community Center

655 Airport RD, Sulphur Springs, TX

Ph: 903-438-3270, TDD 800-735-2989, Emergency/After Hours 877-466-0660

Terrell Crisis Respite And Wraparound Services, 200 Lee ST, Terrell, TX 75160

Ph: 469-214-803, TDD 800-735-2989, Emergency/After Hours 877-466-0660

Counties served Camp, Cooke, Delta, Ellis, Fannin, Franklin, Grayson, Hopkins, Hunt, Kaufman, Lamar, Morris, Navarro, Rockwall and Titus

East Texas Council on Alcoholism & Drug Abuse (ETCADA)

Burgess Recovery Center, 708 Glencrest Ln, Longview, TX 75601

Toll Free: 800-441-8639



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