

MIDDLE SCHOOL DAILY MENU

CHICKEN N FRIES

CHOOSE ONE:

CHICKEN SANDWICH

HOT N SPICY CHICKEN SANDWICH

***MONDAY** - HAMBURGERS

***TUESDAY** - HOT DOGS/CORN DOGS

***WEDNESDAY** - CHICKEN FRIED STEAK

***THURSDAY** - MEATBALL SUBS

***FRIDAY** -BBQ PULLED PORK

***IN ADDITION TO CHICKEN SANDWICHES**

CHOOSE TWO

ASSORTED VEGETABLES:

POTATO TOTS OR CRINKLE CUT FRIES

****CHIPS****

ROMAINE/TOMATO/PICKLES

CORN, BLACKEYED PEAS, BEANS

OR BABY CARROTS W/DRESSING

ASSORTED FRUIT

FRESH OR CANNED FRUIT

CHOOSE ONE MILK:

WHITE/CHOCOLATE/STRAWBERRY

****ASSORTED LOWFAT CHIPS ON TUESDAY AND**

THURSDAY**

PIZZA & MORE

CHOOSE ONE:

PEPPERONI PIZZA

CHEESY BITES

W/MARINARA SAUCE

CHOOSE TWO

ASSORTED VEGETABLES:

MINI CHEF SALADS

ROMAINE/TOMATO/PICKLES

CORN, BLACKEYED PEAS, BEANS

OR BABY CARROTS W/DRESSING

ASSORTED FRUIT

FRESH OR CANNED FRUIT

CHOOSE ONE MILK:

WHITE/CHOCOLATE/STRAWBERRY

DAILY SPECIALS

CHOOSE ONE:

MONDAY

MANDARIN ORANGE CHICKEN

TUESDAY

NACHOS OR QUESADILLAS OR CRISPITOS

WEDNESDAY

SWEET ASIAN CHICKEN

THURSDAY

CHICKEN FRIED STEAK

FRIDAY

GENERAL TSO CHICKEN

CHEF AND FRUIT SALAD MEALS (DAILY)

CHOOSE TWO

ASSORTED VEGETABLES:

CORN, BLACKEYED PEAS, BEANS,

BABY CARROTS, BROCCOLI,

CALIFORNIA VEGETABLES

ASSORTED FRUIT

FRESH OR CANNED FRUIT

CHOOSE ONE MILK:

WHITE/CHOCOLATE/STRAWBERRY

HOMESTYLE COOKING

CHOOSE ONE:

MONDAY/WEDNESDAY/FRIDAY

CHICKEN CHUNK BITES

BEEF STEAK FINGERS

TUESDAY

NACHOS OR QUESADILLAS OR CRISPITOS

THURSDAY

OVEN BAKED CHICKEN

CHICKEN CHUNK BITES

CHOOSE TWO

ASSORTED VEGETABLES:

POTATOES, CORN, BEANS,

BLACK EYE PEAS, BABY CARROTS,

BROCCOLI, CALIFORNIA VEGETABLES

GRAIN: ROLL

ASSORTED FRUIT

FRESH OR CANNED FRUIT

CHOOSE ONE MILK:

WHITE/CHOCOLATE/STRAWBERRY

*****Menu subject to change depending on availability.*****

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER