

# HIGH SCHOOL DAILY MENU

## CHICKEN N FRIES

### CHOOSE ONE:

CHICKEN SANDWICH

HOT N SPICY CHICKEN SANDWICH

**\*MONDAY** - HAMBURGERS

**\*TUESDAY** - HOT DOGS/CORN DOGS

**\*WEDNESDAY** - CHICKEN FRIED STEAK

**\*THURSDAY** - MEATBALL SUBS

**\*FRIDAY** -BBQ PULLED PORK

**\*IN ADDITION TO CHICKEN SANDWICHES**

### CHOOSE TWO

ASSORTED VEGETABLES:

POTATO TOTS OR CRINKLE CUT FRIES

**\*\*CHIPS\*\***

ROMAINE/TOMATO/PICKLES

CORN, BLACKEYED PEAS, BEANS

OR BABY CARROTS W/DRESSING

ASSORTED FRUIT

FRESH OR CANNED FRUIT

### CHOOSE ONE MILK:

WHITE/CHOCOLATE/STRAWBERRY

**\*\*ASSORTED LOWFAT CHIPS ON TUESDAY AND THURSDAY\*\***

## PIZZA & MORE

### CHOOSE ONE:

PEPPERONI PIZZA

CHEESY BITES

W/MARINARA SAUCE

### CHOOSE TWO

ASSORTED VEGETABLES:

MINI CHEF SALADS

ROMAINE/TOMATO/PICKLES

CORN, BLACKEYED PEAS, BEANS

OR BABY CARROTS W/DRESSING

ASSORTED FRUIT

FRESH OR CANNED FRUIT

### CHOOSE ONE MILK:

WHITE/CHOCOLATE/STRAWBERRY

## DAILY SPECIALS

### CHOOSE ONE:

#### MONDAY

MANDARIN ORANGE CHICKEN

#### TUESDAY

NACHOS OR QUESADILLAS OR CRISPITOS

#### WEDNESDAY

SWEET ASIAN CHICKEN

#### THURSDAY

(rotate) CHICKEN ALFREDO

SPAGHETTI CASSEROLE

#### FRIDAY

GENERAL TSO CHICKEN

**CHEF AND FRUIT SALAD MEALS (DAILY)**

### CHOOSE TWO

ASSORTED VEGETABLES:

CORN, BLACKEYED PEAS, BEANS,

BABY CARROTS, BROCCOLI,

CALIFORNIA VEGETABLES

ASSORTED FRUIT

FRESH OR CANNED FRUIT

### CHOOSE ONE MILK:

WHITE/CHOCOLATE/STRAWBERRY

## HOMESTYLE COOKING

### CHOOSE ONE:

#### MONDAY/WEDNESDAY/FRIDAY

CHICKEN CHUNK BITES

BEEF STEAK FINGERS

#### TUESDAY

NACHOS OR QUESADILLAS OR CRISPITOS

#### THURSDAY

OVEN BAKED CHICKEN

CHICKEN CHUNK BITES

### CHOOSE TWO

ASSORTED VEGETABLES:

POTATOES, CORN, BEANS,

BLACK EYE PEAS, BABY CARROTS,

BROCCOLI, CALIFORNIA VEGETABLES

GRAIN: ROLL

ASSORTED FRUIT

FRESH OR CANNED FRUIT

### CHOOSE ONE MILK:

WHITE/CHOCOLATE/STRAWBERRY

**\*\*\*Menu subject to change depending on availability.\*\*\***

**THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER**