



Sulphur Springs Independent School District

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Patsy Bolton
Superintendent

Information on H1N1 Influenza A

DATE: Thursday, September 3, 2009
FROM: Patsy Bolton, Superintendent
SUBJECT: H1N1 Influenza A

One case of H1N1 Influenza A has been confirmed in the Sulphur Springs ISD. In anticipation of receiving phone calls regarding actions of the school district, the following statement has been prepared in an effort to impart correct information to concerned parents:

“One case of H1N1 Influenza A has been confirmed for a student who is enrolled at ECLC. The Center for Disease Control (CDC) has said that H1N1 should be treated as any other seasonal flu and cautioned against any panic or alarm. They also recommended taking some precautions such as extra disinfecting of classrooms, extra hand washing with soap and use of hand sanitizers, and immediately referring to the school nurse any students having flu-like symptoms so that a health evaluation can be done and appropriate actions taken.

SSISD schools are following all of the CDC’s recommendations. Sanitizing gel and hand wipes have been distributed to all campuses. Custodial staff are wiping down classrooms and buses are being disinfected.

The student is recuperating at home and will be out of school until a full recovery is made and there is no further risk of being contagious to others.”

The following was included in an email to campus principals from Mrs. Patsy Bolton, Superintendent, Tuesday afternoon, September 1, 2009, regarding H1N1 Influenza A:

“H1N1 Influenza A (Swine Flu) Preparedness – As the development for an H1N1 Influenza A (Swine Flu) vaccine continues, personal hygiene, including hand hygiene, remains a top priority in preventing the spread of the virus. According to the Center for Disease Control (CDC), the single most important thing we can do to keep from getting sick and spreading illness to others is to clean our hands. The CDC recommends:

Cover your nose and mouth with a tissue when you cough or sneeze.

Throw the tissue in the trash after you use it.

Wash your hands often with soap and water, especially after you cough or sneeze.

Alcohol-based hand cleaners are also effective.

Try to avoid close contact with sick people.

If you get sick, CDC recommends that you stay home from work or school and limit contact with others to keep from infecting them.

Avoid touching your eyes, nose or mouth. Germs spread that way.”